

Maternal Care And Mental Health

Practical Care Planning For Personalised Mental Health Care
Care Planning in Mental Health
Mental Health Companion to Primary Care
Mental Health The Physical Care of People with Mental Health Problems
Mental Health and Care Homes
Mental Health, Service User Involvement and Recovery
Mental Health Across the Lifespan
Planning Care in Mental Health Nursing
Community Mental Health Nursing
And Dementia Care
Mental Health Care: Today and Tomorrow
Mental Health Services Today and Tomorrow: Experiences of providing and receiving care
Foundations of Mental Health Care - E-Book
Experiences of Mental Health In-patient Care
Care planning in mental health
Stepped Care 2.0: A Paradigm Shift in Mental Health
Promoting mental health, cultivating social inclusion and managing mental health problems in primary care. Resource pack
Humanising Psychiatry and Mental Health Care
Crisis Resolution and Home Treatment in Mental Health
The Art and Science of Mental Health Nursing: Principles and Practice
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Mental Health Care Task Force Charles Kaye Michelle Morrison-Valfre Mark Hardcastle Araminta Hall Peter Cornish Primary Care Mental Health Education Rachel Freeth Sonia Johnson Ian Norman

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this book will be the most accessible and practical book on the market and offers a practical guide to mental health care planning

care planning and delivery are essential parts of everyday practice for all mental health practitioners this new edition of care planning in mental health promoting recovery moves away from a professionally oriented model of care planning towards the active promotion of the personal narrative as being central to planning effective mental health care it outlines essential concepts linked to the recovery process which is carried out in partnership with people with mental health problems and those closest to them new to this edition a stronger more explicit focus on recovery a unique interpretation and explication of the recovery process a greater promotion of the centrality of personhood examples drawing on a range of international perspectives and experiences enhanced user friendly pedagogy including practical case illustrations and first hand accounts throughout care planning in mental health promoting recovery is an ideal resource for anyone involved in the field of mental health care it is also a valuable learning resource for students studying mental health care and the qualified and experienced practitioner wishing to gain a fresh approach to planning recovery focused care

mental health a person centred approach equips students with the tools they need to provide exceptional person focused care when supporting improved mental health of diverse communities the third edition has been updated and restructured to provide a more logical and comprehensive guide to mental health practice it includes new chapters on trauma informed care different mental health conditions and diagnoses suicide and self harm and the mental health of people with intellectual or developmental disabilities significant updates have been made to the chapters on the social and emotional well being of first nations australians and mental health assessment taking a narrative approach the text interweaves personal stories from consumers carers and workers with lived experience each chapter contains translation to practice and interprofessional perspective boxes reflection questions and end of chapter questions and activities to test students understanding of key theories written by experts in the field mental health remains an essential person centred resource for mental health students

companion to primary care mental health is the result of a major collaboration of an international group of general practitioners psychiatrists policy makers mental health professionals and mental health advocates this extraordinary guide provides the best

available evidence for the management of patients with mental health conditions in primary care it draws on the wisdom of a range of experts from primary and secondary care who have translated information from the literature and their own clinical experience to apply it across the globe to everyday family practice with the emphasis on practical application it presents family doctors and their teams with the evidence based knowledge necessary to support the development of fully integrated systems to promote good mental health using tables and figures to illustrate complex matters this includes the need to harness the wider determinants of health and mental health and to tackle stigma through advocacy spirituality and ethical practice the role of public health and the management of the many interfaces associated with providing good mental health are also covered it includes tools for assessment including classification and risk assessment and the general principles required to enable a biopsychosocial approach to care the book also considers the individual mental health conditions that family doctors and their teams are likely to encounter as comorbidity and the management of complexity are very common in primary care mental health these are also explored in the final chapters of the book

this accessible practical text provides mental health practitioners with the core knowledge and skills they need to be able to care effectively for the physical health of those who have been diagnosed with mental illness linked closely to professional standards and with a clear values and evidence base the book aims to raise awareness of the physical health needs of individuals with mental health problems outline the physical health assessment process and suggest health enhancing interventions for use in clinical practice consideration will be given to the following aspects of physical wellbeing cardiovascular health diabetes sexual health respiratory health cancer wound care substance misuse infection control medicine management further chapters on legal and ethical issues explain the need to practise appropriately within the mental health act and the mental capacity act while a linking theme throughout the book stresses the importance of health promotion backed up by case examples and with a range of reflective exercises throughout the physical care of people with mental health problems is a key text for students and practitioners working in mental health services it will also be useful reading for practice nurses district nurses midwives and all allied health practitioners

the care home sector is large with over 400 000 residents in the uk and a similar number employed within the homes it is therefore an area of considerable economic importance care home residents are often very old and many have multiple physical and mental health needs meaning that their care poses particular challenges they are also a distinctly and profoundly marginalised group who are often invisible in the wider debates on quality of care including those about care homes mental health and care homes is a coherent and evidence based text exploring these issues bringing together both clinical and research perspectives it will help those working in the

care home sector to deliver high quality care and support to both residents and staff this important yet neglected area is thoroughly reviewed by a range of experts including residents family carers staff researchers and clinicians the book has four sections the inside view which includes several first hand accounts of care home life the outside view which discusses the regulatory funding and legislative context in which care homes operate mental health and care a detailed review of the major mental and other health issues that arise in care homes as well as interventions and services to offer support and a section exploring the promotion of health and wellbeing including examples of good practice it concludes by synthesising key themes and setting an agenda for further enquiry the book is written in a style that encourages engagement with the inclusion of contemporary case studies and examples making it topical and readable it will be valuable for a broad professional and vocational audience across both health and social care as well as students and researchers

written cooperatively by service users and academics this book conveys a vital connection between recovery and involvement offering a framework of values and helpful strategies to promote meaningful user participation

mental wellbeing is an integral part of being and feeling healthy and it is estimated that one in four people will suffer from some form of mental illness during their lifetime in spite of this it is often overlooked in mainstream healthcare the overall aim of this book is to provide knowledge and understanding of how mental health affects human beings from conception through to end of life and the challenges that society as a whole has to address in the treatment of mental health beginning with an exploration of historical social and cultural contexts the book then goes on to discuss mental health care and mental health promotion during pregnancy and early parenthood childhood adolescence and young adulthood adulthood for both men and women and in older people containing reflective exercises the chapters are designed to provide an easily accessible and engagingly written introduction to mental health containing chapters that can be read and reviewed in isolation or used as an entire text mental health across the lifespan a handbook provides a solid introduction to mental health for students the book will also act as a useful reference for doctors nurses midwives health visitors allied health professionals and health and social care support workers who have no specialist mental health training but often work in partnership with and care for people suffering from mental health issues

this text provides a systematic overview of the process of planning care for specific client groups and interventions it draws on the experience of good practice and explores such areas as assessment process theoretical framework and practice development

it should be compulsory reading for any nurse working with people who have dementia and should be a core text on courses used to train this profession dementia i d recommend this book to any health professional working in dementia care its commitment to breaking down inter disciplinary barriers makes it universally applicable mental health today a rounded account of community mental health nurses practice in dementia care has been long overdue this is the first book to focus on the role of community mental health nurses in their highly valued work with both people with dementia and their families this book explores the complexity and diversity of community mental health nurse work captures perspectives from along the trajectory of dementia identifies assessment and intervention approaches discusses an emerging evidence base for implications in practice contributions to this collection of essays and articles are drawn from community mental health nurse practitioners and researchers at the forefront of their fields it is key reading for practitioners researchers students managers and policy makers in the field of community mental health nursing and or dementia care contributors trevor adams peter ashton gill boardman angela carradice chris clark charlotte l clarke jan dewing sue hahn mark holman john keady kath lowery jill manthorpe cathy mawhinney anne mason paul mccloskey anne mckinley linda miller gordon mitchell elinor moore michelle murray mike nolan peter nolan tracy packer sean page marilla pugh helen pusey assumpta ryan alison soliman vicki traynor dot weaks heather wilkinson

cover half title title page copyright page contents dedication preface list of contributors acknowledgements introduction 1 honesty without discrimination 2 community teams outreach and intervention 3 homelessness and disorder the challenge of the antisocial and the societal response 4 moving on from the national service framework for mental health the social inclusion agenda 5 a gp s view interview with dr helen pelendrides 6 dual diagnosis 7 advocacy does it really work 8 prejudice and progress 9 clients as colleagues part of the path to recovery 10 a personal account from my life 11 working with young people 24 hours in the life of the highfield family and adolescent unit oxford 12 creating a small community 13 a space for creativity and healing artists in mind and the mental health system 14 enhancing the healing environment 15 the retreat an alternative perspective from the independent sector index

build a broad fundamental knowledge of mental health concepts and disorders with foundations of mental health care 6th edition perfect for students nurses and other health care providers this market leading text features new psychotropic drug content and concise explanations of adaptive and maladaptive behaviors as well as descriptions of the most current therapeutic interventions and treatments for mental health conditions it helps you work comfortably with clients who exhibit a wide range of maladaptive human behaviors and apply the concepts of holistic care when assisting clients in developing more effective attitudes and behaviors sample

client care plans address how members of the health care team work collaboratively to meet client needs realistic case studies illustrate chapter concepts strengthen critical thinking and ensure you consider psychosocial aspects of therapeutic care critical thinking boxes include practice scenarios and contain thought provoking client issues and questions that stimulate critical thinking cultural consideration boxes highlight cultural issues and encourage you to attend to the mental health needs of culturally diverse clients drug alert boxes focus attention on medication issues and identify the risks and possible adverse reactions of psychotherapeutic medications key terms with phonetic pronunciations text page references and a comprehensive glossary strengthen your understanding of mental health terminology numbered chapter objectives provide a framework for the chapter content and the accompanying teach lesson plans new content on the impact of the affordable care act on mental health coverage and treatment informs you of the most current treatment options new up to date coverage of the latest psychotropic medications emphasizes the most recent findings in safe pharmaceutical treatment in mental health care expanded and new increased coverage of mental health surrounding mass violence keeps you up to date on the latest issues and approaches to treatment updated current content on mental health issues and returning war veterans highlights mental health disorders affecting this population new discusses emerging mental health issues surrounding usage of electronic devices and the internet such as addiction new addresses updated dsm 5 diagnoses within appropriate chapters to ensure you have the latest information on new mental health diagnoses recognized by the american psychiatric association

commended in the mental health category of the 2008 bma medical book competition this book offers an insight into the experience of psychiatric in patient care from both a professional and a user perspective the editors highlight the problems in creating therapeutic environments within settings which are often poorly resourced crisis driven and risk aversive the contributors argue that for change to occur there needs first of all to be a genuine appreciation of the experiences of those involved in the unpredictable anxiety arousing and sometimes threatening environment of the psychiatric ward each chapter comprises a personal account of in patient care by those in the front line people who have been admitted to a psychiatric ward their relatives or those that provide the care these accounts are followed by two commentaries written from different perspectives suggesting lessons that can be learnt to improve the quality of care experiences of mental health in patient care will be useful for all mental health professionals including mental health nurses psychiatrists clinical psychologists occupational therapists arts therapists social workers and trainees as well as service users and carers organisations

this book is a primer on stepped care 2 0 it is the first book in a series of three this primer addresses the increased demand for mental health care by supporting stakeholders help seekers providers and policy makers to collaborate in enhancing care outcomes through work that is both more meaningful and sustainable our current mental health system is organized to offer highly intensive psychiatric and psychological care while undoubtedly effective demand far exceeds the supply for such specialized programming many people seeking to improve their mental health do not need psychiatric medication or sophisticated psychotherapy a typical help seeker needs basic support for knee pain a nurse or physician might first recommend icing and resting the knee working to achieve a healthy weight and introducing low impact exercise before considering specialist care unfortunately there is no parallel continuum of care for mental health and wellness as a result a person seeking the most basic support must line up and wait for the specialist along with those who may have very severe and or complex needs why are there no lower intensity options one reason is fear and stigma a thorough assessment by a specialist is considered best practice after all what if we miss signs of suicide or potential harm to others a reasonable question on the surface however the premise is flawed first the risk of suicide or threat to others for those already seeking care is low second our technical capacity to predict on these threats is virtually nil finally assessment in our current culture of fear tends to focus more on the identification of deficits as opposed to functional capacities leading to over prescription of expensive remedies and lost opportunities for autonomy and self management despite little evidence linking assessment to treatment outcomes and no evidence supporting our capacity to detect risk for harm we persist with lengthy intake assessments and automatic specialist referrals that delay care before providers and policy makers can feel comfortable letting go of risk assessment however they need to understand the forces underlying the risk paradigm that dominates our society and restricts creative solutions for supporting those in need

this book explores in depth the link between modern psychiatric practice and the person centred approach it promotes an open dialogue between traditional rivals counsellors and psychiatrists within the nhs to assist greater understanding and improve practice easy to read and comprehend it explains complex issues in a clear and accessible manner the author is a full time psychiatrist and qualified counsellor who offers a unique perspective drawing on personal experience humanising psychiatry and mental health care will be of significant interest and help to all mental health professionals including psychiatrists and psychiatric nurses social care workers occupational therapists psychologists person centred counsellors and therapists health and social care policy makers and shapers including patient groups will also find it helpful and informative

crisis resolution and home treatment teams respond rapidly to people experiencing mental health crises and offer an alternative to

hospital admission they are an increasingly important component of mental health care and are adopted by many health care systems around the world this practical and pioneering book describes the evidence for the effectiveness of such teams the principles underpinning them how to set up and organise them how patients should be assessed and what types of care the teams should offer other topics covered include integration of crisis teams with in patient community residential and day care services the service users experiences of crisis teams and responding to diversity in home treatment this book is essential reading for all policy makers service managers and mental health workers interested in establishing or operating crisis resolution and home treatment services as well as for researchers and students seeking to understand this model

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